# **Author Guidelines**

The Saudi Journal of Medical Insights (SJMI) is a peer-reviewed journal committed to publishing high-quality, clinically relevant, and original medical research. Please follow the guidelines below to ensure a smooth submission and review process.

## 1. Types of Submissions

SJMI welcomes the following types of submissions:

- Original Research Articles
- Systematic Reviews
- Clinical Case Reports
- Brief Communications
- Commentaries
- Psychiatry & Mental Health Studies
- Public Health and Epidemiology Reports

## 2. Manuscript Formatting

All manuscripts must be submitted in Microsoft Word (.docx) format. Please use the following formatting:

- Font: Times New Roman, 12 pt
- Line spacing: Double
- Margins: 1 inch on all sides
- Include page numbers at the bottom center of each page

## 3. Manuscript Structure

Submissions should include the following sections where applicable:

- Title Page (with authorship and affiliations)
- Abstract (250 words max)
- Keywords (3–6 keywords)
- Introduction
- Methods
- Results
- Discussion
- Conclusion
- References (Vancouver style)

### 4. Referencing Style

Use the Vancouver referencing style. References should be numbered consecutively in the order in which they are cited in the text.

### **5. Submission Process**

Submit your manuscript via email to: info@ejini.org Ensure your manuscript is anonymized for double-blind peer review.

## 6. Peer Review Policy

SJMI uses a double-blind peer review process involving at least two independent reviewers. All manuscripts are reviewed for originality, scientific validity, and relevance to the journal's scope.

## 7. Publication Ethics

SJMI adheres to COPE guidelines. Authors must avoid plagiarism, redundant submissions, and must disclose conflicts of interest. Ethical approval must be obtained for clinical studies.

## 8. Contact Information

For inquiries, please contact: Email: contact@sjmi-journal.com Location: Jeddah, Saudi Arabia